



# Spa

All treatments are done in the privacy of your own villa.

## BODY TREATMENTS

### Swedish

A popular traditional massage that uses an array of massage techniques to ease muscular pain and promote blood circulation leaving you completely relaxed.

Back- 45min R720

Body- 60min R820 / 90min R970

### Hot Stone

Uses the healing power of volcanic stones that are heated to body temperature to stimulate and loosen muscle tension.

Back- 45min R720

Body- 60min R850 / 90min R1100

### Aromatherapy

Combining the power of aroma therapeutic essential oils with gentle touch and scent to bring a deep and lasting calm that heals the body.

Back- 45min R720

Body- 60min R850 / 90min R1100

### Deep Tissue

A therapy focusing on the deep layer of muscular connective tissue to ease spasms and stiffness.

Back- 45min R720

Body- 60min R850 / 90min R1100

### Soy Candle

Indulge in a creamy aromatic candle massage; once lit the candle turns into a warm and nourishing body butter. Heat loosens stiff muscles and the scent encourages relaxation.

Back- 45min 820

Body- 60min R950 / 90min R1300

### Anti- Inflammatory Turmeric

Tumeric acts as both a natural anti inflammatory and anti oxidant; which relieves muscular pain and leaves your skin cleansed and glowing. The product also contains shea butter, coconut oil and argan oil for extra moisturisation.

Back- 45min R900

Body- 60min R1000 / 90min R1350

### Healing Cannabis Butter

A herbal medicinal treatment that specifically targets pain and inflammation while loosening muscles. Also treats skin issues such as eczema, sun spots, liver spots and dry skin. The oil is absorbed through the skin so it does not have any psychoactive effect on you.

Back- 45min R900

Body- 60min R1000 / 90min R1350

### Full Body Exfoliation & Mask

Using our own organic lemon grass scrub to refresh a tired and dry skin. Followed by a clay body mask and banana leaf wrap (not recommended in colder weather). Outside shower used for cleansing followed by a moisturiser.

75min R1100

## PARTIAL BODY TREATMENTS

### Head Massage

An ancient therapy that releases the tension built up by everyday life.

30min R420

### Foot and Ankle

Increases blood circulation and by using pressure points, it promotes relaxation.

30min R420

### Head and Toe

A head massage followed by a foot and ankle massage. Ideal for those who do not enjoy a back treatment.

45min R570

## BEAUTY TREATMENTS

### All Natural Facial

Highly recommended- A facial using a combination of natural ingredients to deep clean, exfoliate and nourish your skin, leaving it silky, soft and rejuvenated without any redness or swelling.

60min R700

Manicure 60min R440 Pedicure 60min R480

## COMBINATION TREATMENTS

### Ultimate Relaxer

A treatment that targets the body's major stress points; a back and shoulder massage followed by a foot and ankle massage.

60min R900

### The Rich Moisturising Treatment

A stress relieving full body exfoliation that allows for the effective absorption of the enriching soy butter from the candle massage that follows.

Back- 60min R1150

Body- 90min R1450

### Refresh and Revive

A Swedish massage followed by an All Natural Facial which leaves you looking and feeling good.

Back- 90min R1200

Body- 120min R1400

### Total Indulgence

3,5 hours of total bliss; a 60min full body soy candle massage followed by an All Natural Facial, then concluded with a mini mani pedi.

210min R2100